



Welcome to our St. Luke's SEND Newsletter!

Every term, our newsletter will provide information about SEND at St. Luke's Catholic Primary School. We will also keep you updated with the Telford & Wrekin local offer and guidance.

Welcome!



**Miss Louise
Russell
Federation
SENCO**

As St. Luke's Catholic Primary School Special Educational Needs and Disability Coordinator (SENCO), I am here to offer support and advice regarding additional needs or SEND support for your child.

As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions. My contact email address is: send.obs@taw.org.uk

Alternatively, you may find further information about our SEND provision on the school website:

<http://www.stlukesatholicprimary.org.uk/>

Contents of this term's news:

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- Telford and Wrekin's local offer
- Individual provision maps
- SEND - Keeping Safe online
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- SEND Activities in Telford and Wrekin.

Telford and Wrekin SEND local offer

Individual Provision Maps

Individual Provision Maps (IPMs) are created for all pupils who are identified as having an additional need within school (SEND).

The purpose of the IPM is to set Specific, Measurable, achievable, Realistic and timely (SMART) targets for the children over a termly period. These are completed by the class teacher.

Alongside each target is the identified provision/intervention that will be put into place to support the child. This might be an intervention, strategy or resource.

At St. Luke's, we always share the pupil IPMs with parents and can recommend how to support at home.

Pupil Name	Target	Provision
John Smith	Improve reading fluency	Reading group
Emily Jones	Improve writing skills	Writing workshop
Michael Brown	Improve social skills	Social skills group
Sarah White	Improve maths skills	Maths intervention
David Black	Improve self-regulation	Self-regulation strategies

If you would like to discuss your child's IPM further, please contact either the class teacher or myself.

For further information about Telford and Wrekin SEND, please see the link below:

<https://www.telfordsend.org.uk/site/index.php>

You can also find a copy of the Telford & Wrekin SEND parent newsletter. https://www.telfordsend.org.uk/homepage/14/send_news



SEND – Keeping Safe Online

Information taken from [Childnet.com](https://www.childnet.com).

For many young people with Special Educational Needs or Disabilities (SEND), the internet can be a place where they feel safe, calm and in control; somewhere they can make friends without having to communicate face-to-face and build a community which they may not have in their offline life. Whilst recognising the internet is a great resource which young people enjoy using, life online for a child with SEND may pose additional challenges that require careful management and support.



When should I talk about online safety to my child?

Whether your child is verbal or non-verbal, the moment your child expresses an interest in the internet, is the time to talk about and show ways in which they can stay safe online. Allow yourself enough time and choose a quiet space to avoid interruption. Everyone has the right to feel safe and enjoy their time online so it's important for children to understand boundaries and behaviour, both their own and that of other people. The earlier you start this communication, the easier it will be to talk about any online safety concerns in the future.

Learn how to use parental controls.

Setting up parental controls and filters on your home internet can help to avoid age-inappropriate images, videos and websites being seen by your child whilst they are using the Wi-Fi.

Many devices like phones, tablets and consoles have parental controls settings to restrict this content, as well as restricting additional costs online, such as in-app purchasing and turning off location functions.

[Internet Matters](#) provide some helpful information about these settings and how to use them.





SEND - Keeping Safe Online Information taken from Childnet.com.

Set up a family agreement together.

A **Family Agreement** is a great way of talking about online safety and how to use the internet in a positive way. Establishing an agreement together can help your child understand how to communicate safely and appropriately online and learn what to do if they find themselves in a challenging or unpleasant situation. It will also provide an opportunity for your child to decide who they should go and tell if something confusing or unpleasant happens online. We refer to this person as a trusted adult. These are people they already know, and they could be another relative, teacher, a youth leader or key support worker. If clearly displayed with whatever communication method works best for your child, be it written form or symbol aids, a family agreement can really help to reinforce and remind your child of the important things they need to know.

Join in and find out what they enjoy online.

Show an interest and find out what your child enjoys doing online and ask to be shown the things they like to play, look at, or watch. If possible, ask to join in as this will show you exactly what your child sees when they are online. Whether it be YouTube, Mine craft, Roblox or social media, upskilling your own knowledge is key in being able to keep your child safe online.

[Common Sense Media](#) have some helpful information and website suggestions.

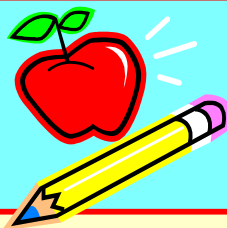
What is 'Wake Up Wednesday'?

National Online Safety is an award-winning organization whose mission is to empower parents, teachers, and children with the knowledge to keep safe online.

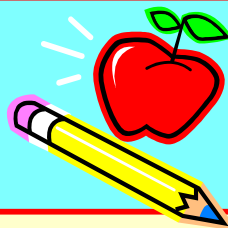
'Wake up Wednesday' is just one of the initiatives led by National online safety and produces guides for schools and parents on the latest technology, APPS, gaming, social media platforms. For more information visit:

<https://nationalcollege.com/parents>





SEND NEWS!



Supporting Transition @ St. Luke's

Transition, whether it is to a new class or a new school, can be a difficult time and we endeavour to make sure that we ensure that this process is as smooth as possible for pupils and parents.

Transition to a new class @ St. Luke's

All teachers work closely together to prepare for transition from year to year. Meetings are held to discuss pupils and information is passed on in advance of the new academic year beginning.

For pupils with SEND, Individual Provision Maps are shared with the new teachers and carried forward until October half term so that there is continuity in provision.

Some children with SEND may need transitional visits to their new classes and this is arranged during the summer term. Social stories may also be used to support transition for pupils with Autistic spectrum conditions (ASC) or anxiety.

All pupils visit their new class during the summer term where they can meet their new teacher and begin their transition journey.



Year 6 to Year 7 Transition

Year 6 pupils are supported through their transition from primary to their chosen secondary school.

During the summer term, the pupils meet their new 'Year 7 head of year' and are given the opportunity to ask questions or raise concerns about their next step to secondary school.

Within class, teachers complete work around transition with all Y6 pupils to offer strategies, advice and reassurance about the next step on their educational journey.

Each secondary school provides transition days where the children will visit their new school.



Transition Top Tips for kids!

- Look on the school website to find out information about your new school.
- Plot and travel the route to your new school before you start in September.
- Practise getting ready for school - make a list of everything you will need.
- Find out who else is going to your new secondary school with you.
- Find out the school rules so that you know what you are allowed/not allowed to do.
- Check to see if you need an appointment to purchase new secondary uniform.



How can I prepare my child to come back to school in September?

After being off school for a 6-week summer holidays, there can be children who find returning to school daunting and challenging. Here are a few tips to help your child reduce their anxiety and start the new school year with positivity and enthusiasm.



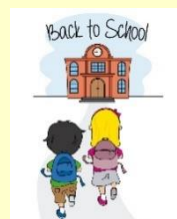
Talk about school - use a social story to support your child to remember their new class and their new teacher. Talk about what will stay the same such as their friends.

Create a routine for bedtime - the week before school starts.



Get uniform out and check that it all fits well in the days leading up to the new term.

Encourage meeting up with their school friends to walk to school, meet on the playground.



Pack school bag ready the night before.

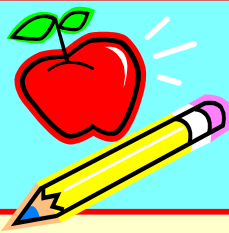


Get a good night's sleep.

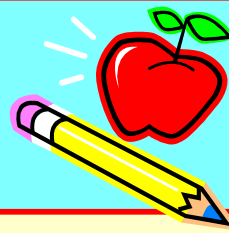
Be positive and provide reassurance if needed.



SEND



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SEND



SEND Services across Telford and Wrekin

Parents Opening Doors (PODS)



PODS is a parent carer/peer led charity with staff and volunteers who have the relevant 'real life' experience to support families who have a child with a disability or additional need (aged 0 - 25 years).

For further information, support and advice see: www.podstelford.org or contact PODS on 01952 458047

PODS offer a range of support including:

- Befriending scheme
- Activity sessions for children with SEN needs
- Information courses for parents.
- Resources for children
- Advice about SEND, EHCP's and SEND processes.



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The School Nurse Team

Your School Nurse

What we can offer you:

Children will have their **height and weight** measured in reception and year 6 (unless opted out of). More information and help can be found at [National Child Measurement Programme - NHS Digital](https://www.nhs.uk/child-measurement-programme)

Advice, support, and signposting to resources on **toileting, behaviour, healthy lifestyles, emotional and mental well being.**

Our Emotional health and wellbeing lead nurse also runs a **clinic for parents every Monday, 9-2pm** at Sutton Hill Medical Practice (online appointments also available upon request via the number below).

Ask your school to refer in or self-refer by calling **0333 358 3328**



What we don't do:

We no longer check hearing and sight in reception

We are not a diagnostic service however we are able to sign-post to appropriate services/support

How and when to get your child's eyesight checked:

- You can attend most opticians and book a sight check for your child
- Please follow this link to find a local optician: [Sight Tests - NHS \(www.nhs.uk\)](https://www.nhs.uk/sight-tests)
- Checks are free on the NHS for children
- It is best to get your child's sight checked before they start school and then yearly thereafter.
- They will ensure your child's sight and eye health is monitored and issue glasses if required.

How to get my child's hearing checked:

- Should you notice an issue with your child's hearing, or you are alerted by school there maybe an issue you should attend your local GP who will be able to examine the ear canal and rule out infection. The GP can also refer for a hearing test if necessary.
- A school nurse can also do an audiology referral

Kooth

For children and young people aged

11-24

www.kooth.com



Bee U is the emotional health and wellbeing service for people, up to the age of 25, living in Shropshire and Telford and Wrekin.

Bee U is designed to:

- Offer advice and support.
- Signpost to services.

For more information visit: www.camhs.mpft.nhs.uk/bee



Telford and Wrekin SEND Activities

Across Telford and Wrekin, organisations and leisure services offer specialized SEN sessions for pupils with special educational needs/disabilities and their families.

Airea51

Airea51 is offering scheduled SEN sessions for pupils.

These take place on a Tuesday and Wednesday 6-7pm

www.airea51.co.uk

3PM	ARENA CLOSED 3-4PM WEEKDAYS					
4PM		After School BOUNCE & EAT 2 HRS 4PM - 6PM SANDWICH, CRISPS & SQUASH	After School BOUNCE & EAT 2 HRS 4PM - 6PM SANDWICH, CRISPS & SQUASH	After School BOUNCE & EAT 2 HRS 4PM - 6PM SANDWICH, CRISPS & SQUASH	After School BOUNCE & EAT 2 HRS 4PM - 6PM PIZZA & CHIPS & SQUASH	
5PM					HAPPY HOUR	HAPPY HOUR
6PM	CLOSE 6PM	SEN Autism & Special Needs Bounce	SEN Autism & Special Needs Bounce		2 HOUR DISCO	2 HOUR DISCO
7PM					6-8pm All Ages	6-8pm All Ages



Jungleland

Jungleland soft play centre offers an exclusive family session for children of any age with special educational needs/disabilities. Siblings are welcome to join as well.

Saturday mornings 8-9:30am with reduced admission £3.45 per child and £2 per adult

<https://www.junglelandtelford.com/disabilities-special-needs/>

Telford and Wrekin Leisure

Telford and Wrekin offer an inclusive leisure program for all pupils with SEND and their families.

Activities include swimming, Ice skating, Snowboarding and skiing sessions and family fun sessions.

Inclusive leisure SEND programme Telford & Wrekin Council

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Abraham Darby Sports and Leisure Centre						
3.30pm / 5.30pm / 6pm	4pm	3.30pm		3.30pm	11am	10am
SEND Swim4Life Lessons	SEND Swim4Life Lessons	SEND Swim4Life Lessons		SEND Swim4Life Lessons	SEND Swim4Life Lessons	SEND Swim4Life Lessons
					6pm-7pm Ican2 swim session	12.15-1.15pm Family Disability Swim
Oakengates Leisure Centre						
6pm-6.30pm						
SEND Swim4Life Lessons						
Telford Ice Rink						
				5pm-6pm		
				SEND Skate		
Telford Soft Play @ Telford Ice Rink						
4pm-5.30pm		5pm-6.30pm		10am-11.30am		10am-11.30am
Junior SEND Session		SEND Session		SEND Session		SEND Session
6pm-8pm						
Senior SEND Session						
Telford Snowboard and Ski Centre						
		4.30pm-5.30pm				
		My Options Ski and Tubing session				
Wellington Civic and Leisure Centre						
					12noon	5pm
					SEND Swim4Life Lessons	Wrekin Special Swimming Club SEND Session