



Issue 1 Spring 2021

Welcome to our new St. Luke's SEN Newsletter!

Every term, our newsletter will provide information about SEND at St. Luke's Catholic Primary School.

We will also keep you updated with the Telford & Wrekin local offer and guidance.

Welcome!



Miss Louise
Russell
Federation
SENCO

As St. Luke's Catholic Primary School's
Special Educational Needs and Disability
Coordinator (SENCO), I am here to offer
support and advice regarding additional needs
or SEND support for your child.

As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions. My contact email address is: send.obs@taw.org.uk

Alternatively, you may find further information about our SEND provision on the school website:

https://www.stlukescatholicprimary.org.uk/s en.php

Early Identification at St. Luke's

At St. Luke's, the children are at the heart of everything we do.

We aim to identify the needs of all pupils as early as possible. This is part of our graduated approach, in which we **Assess, Plan, Do, Review**. This on-going cycle ensures effective provision is put in place and also removes barrier to learning.

We have a range of interventions taking place daily in our school to meet the needs of all children.

If you have any concerns about your child or their progress; please contact either the class teacher or myself where we can discuss this further.

Contents of this term's news:

- Early Identification of SEND at St. Luke's
- Telford and Wrekin's local offer and SEND newsletter.
- SEND across the curriculum at St. Luke's.
- Additional interventions.
- BEAM support for children and parents.
- PODS support for parents.
- Bee U
- Kooth
- St. Luke's Wellbeing Weekend
- APP of the month!

Telford and Wrekin SEND local offer

For further information about the Telford and Wrekin SEND, please see the link below:

https://www.telfordsend.org.uk/site/index.php

You can also find a copy of the Telford & Wrekin SEND parent newsletter.

www.telfordsend.org.uk/info/1/ho me/109/send_news





SEND across the curriculum @ St. Luke's

The curriculum at St Luke's Catholic Primary School is designed to meet the needs of the wide range of children who attend our successful and happy school. We follow the Cornerstones curriculum framework.

The Cornerstone's curriculum is based around the 'four cornerstones' approach: Engage, Develop, Innovate, Express which centres on the belief that children learn better when their interests and fascinations are allowed to flourish. Children are encouraged to explore subjects in a variety of ways and using an integrated approach.

- · values the Catholic ethos
- is engaging and relevant
- has a creative, cross-curricular and thematic approach
- is delivered to reflect the individual student's ability, needs and learning style
- is flexible and relevant
- is centred on developing skills and communication in all their forms
- promotes and develops independence and prepares students for all life's experiences



- Is delivered in a way in which learning and progress can be both demonstrated and measured
- meets statutory requirements



Additional Interventions

To support our pupils with additional needs, St. Luke's provides a range of intervention/support programs including: Lego build to Express, IDL, Emotional Literacy Support (ELSA). More information to follow in our next newsletter.







BEAM

BEAM is a drop in service run by The Children's Society.

Who can use Beam?

If you are under 25 and registered with a GP in Shropshire, Telford & Wrekin, you can receive support from Beam.

You do not need a referral – have a read of this leaflet and if you think we might be the right service for you the back page explains how to get in touch.







What can Beam help with?

Anything relating to emotional wellbeing!

We want to help you understand your thoughts & feelings, and give you practical coping suggestions.







Does Beam support parent/carers?

Beam is a service for and about young people. We recognise there are instances where it is necessary to support parents and carers. The amount of parent/carer support we can offer is limited however. We may be able to signpost you to other services or useful resources.







BEAM

If you would like further information about BEAM, please contact the service via email:

AskBeam@childrenssociety.org.uk

What WILL Beam do?

Our team is made up of **experienced wellbeing practitioners** and wellbeing volunteers who will take the time to listen to whatever it is that is troubling you.

We can recommend **strategies and techniques** that aim to make life easier – for example, how to manage a panic attack, or how to improve sleep.

We will give **practical suggestions and advice** – this might be suggesting you look at website or that you contact another service.

We can provide a listening ear if you have something you want to get off your chest.



What WON'T Beam do?

We won't assess or diagnose any conditions.

We won't automatically make referrals into other services.

We **won't** necessarily have to tell anyone that you have spoken to Beam. (There may be times where we feel we need to speak to other people, services or agencies. We will try and speak to you about this before we do.)

Accessing Beam

We are currently offering phone support. This is how you can access it:

TEP 1:

Send an email to AskBeam@childrenssociety.org.uk

You can include as much or as little information as possible. It is always helpful if you can say what area you are in.

Please note this is not an emergency response email, and only monitored between 10am-6pm Mon-Fri.

STEP 2

We will reply to you so keep an eye on your inbox!

- If you are new to our service you will be asked to complete two links included in the email: one called 'Information Sharing & Consent' and the other called 'Registration'.
- If you are already registered you will be asked to provide some basic info so
 we can trace you on our system.

If you have any issues with completing the links don't worry — email us your contact number and we can go through them with you!

STEP 3:

Someone from the team will be in touch with you to let you know a date & time that we will call you back. We will try and do this by email & text message.

Don't worry if you can't make that time - just let us know ASAP.

STEP 4:

Appointment time! Find somewhere you are comfortable to talk and wait for us to call you. It will be from a withheld number, so make sure your phone is ok to accept this.

STEP 5:

Try out the suggestions made. If you feel like you want some more support, get in touch with us by email again and we can set another appointment up. There is no time limit – we're here when you need us!



Parents Opening Doors (PODS)

PODS is a parent carer/peer led charity with staff and volunteers who have the relevant 'real life' experience to support families who have a child with a disability or additional need (aged 0 - 25 years).

For further information, support and advice see: www.podstelford.org



APP of the month!



Chill Panda is an NHS recommended APP for children and adults who want to learn how to manage stress and worry better.
It is free to download from the APP store or Google play. ©



Bee U is the emotional health and wellbeing service for people, up to the age of 25, living in Shropshire and Telford and Wrekin.

Bee U is designed to:

- Offer advice and support.
- Signpost to services.

For more information visit: www.camhs.mpft.nhs.uk/beeu

Kooth

For children and young people aged 11-24

